

# Gems, Minerals and More

A three day seminar/workshop

with

**Peter Tumminello**



Through his original work on gems and minerals, Peter Tumminello has contributed vastly to Homeopathy, and his two seminal works; *The Twelve Jewels*, and *Psyche and Structure – Crystals and Minerals in Homeopathy*, have been ground breaking.

Peter lives in Sydney Australia, where he has had a thriving practice for over 30 years.

He travels internationally to lecture on his work, and we are fortunate to have him visit South Africa to share his knowledge and experience with us.

**Date:** 14, 15, 16 November 2025

**Venue:** Gaia Centre for Healing Arts  
7 Bel Ombre rd., Constantia, Cape Town  
[www.holistica.net](http://www.holistica.net)

**Cost:** R 3900, Earlybird R 3600 (before 1 Sept.)  
R3500 HSA Members  
10% discount for delegates coming from outside Cape Town

**Payment:** Seminar account  
ABSA savings 9398 8283 67  
Branch 632005  
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084 780 8995

**CPD points:** 24

# Seminar topics

## Day 1

**Gemstones:** Peter will share his experiences with the expanded array of gems that he has been using clinically in recent years as well as those that were of particular benefit in the pandemic. This will include Serpentine, Chialstolite, Dumortierite and Black Tourmaline.

## Day 2

**Minerals:** Differentiating the mineral compounds and metals through understanding structure: Arsenic compounds, Aurum compounds, Tellurium, Tungsten.

**Trauma:** A comparison of trauma remedies using structure to assist in clinical differentiation – this will include plants and gem remedies.

**Calcium carbonate** and its sub-classes: this includes the variously coloured forms of Calcite and Aragonite – the knowledge of these is a daily clinical boon.

## Day 3

**Clinical application:** There are a number of elements that cross over in the practice of two *great traditions of Homeopathy and Chinese medicine*. Peter has been applying the principals of Chinese medicine to homeopathic practice for over 12 years now. *We will, together, experience tongue diagnosis and pulse diagnosis* by investigating the pulses and tongue indications of each participant. This uses the template of Chinese medicine together with the vast inherited knowledge of tongues and pulses in our materia medica. It leads to a *deeper understanding of the qualitative disturbance of life force* and fascinating prescriptions.